



**Franklin County**—44 Catherine Street Malone NY **518.483.4262**  
**Jefferson County**—238 Arsenal Street Watertown, NY **315.782.9222**  
**Lewis County**—7785 N. State Street Lowville, NY **315.376.6427**  
**St. Lawrence County**—3 Remington Avenue Canton NY **315.386.8128**

**Your child MUST attend a WIC appointment with a PARENT or LEGAL GUARDIAN**

**Please BRING WITH YOU to your appointment:**

**Pregnant Women:**

- \* Your Due Date (EDC)
- \* Current weigh/height
- \* Current blood pressure
- \* Prenatal Hemoglobin/Hematocrit

**Postpartum or Breastfeeding Women:**

- \* Current height/weight
- \* Hemoglobin or hematocrit
  - we will accept the hgb. from hospital discharge papers

**For Children:**

- \* Immunization Records
- \* Current height/weight (less than 30 days for infant) (less than 60 days for a child 1-5)
- \* Current hemoglobin/hematocrit—less than 90 days from WIC appointment

If your infant is on any **FORMULA** other than **ENFAMIL** or **GOOD START SOY**, a statement signed and dated by your pediatrician is needed. It must include the name of the formula, the medical reason for using this formula instead of Enfamil or Good Start Soy, and the length of time your baby needs this formula.

**Documents you will need to BRING WITH YOU to your appointment:**

**Identification:** (Please bring **ONE** of the following)

- \* Photo ID
- \* Driver's License
- \* Passport
- \* Birth Certificate or certified copy
- \* Immunization Records  
(call if you need other ID options)

**Residency:** (Please bring **ONE** of the following):

- \* Utility bill
- \* Postmarked envelope  
postcard/magazine label
- \* Driver's License
- \* Pay check or pay stub  
(call if you need other Residency options)

**Proof of CURRENT Income:** (Please bring **ALL** that apply):

- \* Medicaid card or proof that you receive Medicaid or PCAP
- \* Proof of current eligibility for Food Stamps or Cash Assistance
- \* Letter from Head Start stating that a child in your household is income eligible to attend
- \* Letter from your school district stating that a child in your household is income eligible to receive free/reduced lunch
- \* Proof of your **TOTAL** household wages: If paid weekly—4 most current pay stubs  
If paid twice monthly—2 most current pay stubs If Military—Most recent LES showing the **ENTIRE** month's wages (we cannot accept a mid-month LES)
- \* Unemployment book
- \* Self employment records
- \* Child support/ Alimony
- \* SSI benefits
- \* Income from rent/room & board
- \* Veteran's benefits
- \* Educational Grants
- \* Most recent tax return
- \* VOC Card from another WIC program
- \* Social Security benefits
- \* Unemployment benefits
- \* Worker's Compensation
- \* Interest/Dividends/Royalties
- \* Private pensions/Annuities

**If you are eligible for WIC, you will receive checks the DAY of YOUR APPOINTMENT. You may then be given WIC appointments at a WIC Clinic closer to your home.**

**Please CALL if you cannot keep your appointment — to cancel or reschedule**

